



Rick Wise
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January 9, 2012

Thank you for enrolling in a *SIRIUS WILDERNESS MEDICINE* first aid course sponsored by Horizons Adventures and the Walden Cross Country and Fitness Club. This 4 day course will be intensive and will cover a wide range of topics. The April 10/11 course will be run over 2 consecutive weekends.

BE PREPARED to spend a large amount of time **outdoors no matter what the weather**. Bring appropriate clothing. You will be practising scenarios and will be required to play the part of a patient (ie. lying on the ground in the snow) and rescuer.

There is a written exam at the end of the course.

The course begins on Saturday, the first day at 8:30 am at the Walden Cross Country Ski trails in Naughton. Detailed directions will be provided on registration. Please be prompt as the days will be long and full. There will be short breaks for refreshments. Bring your lunch and beverages as we will break for approximately 1 hr. at mid-day. Be prepared to stay until about 5:00 pm each evening except on the third evening, when a **required night time scenario** may take us **till midnight**.

Please bring the following things if you have them. They will be used for the practical portions of the course work.

*Sleeping bag
Ground sheet
Extra old cloths for getting dirty.
Pencil and paper*

*Insulating sleeping pad
Tarp and rope
Back Pack for carrying these items*

I look forward to meeting you.

Yours truly,

Rick Wise
Director/Instructor
Sirius Wilderness Medicine



Registration Form

Wilderness First Aid for Outdoor Leaders

Course date: April 14/15 and 21/22 (4 days)

First name: _____ **Last name:** _____
 Address: _____ Apartment # _____
 City: _____ Province: _____
 Postal code: _____ Country: _____
 Tel. cell (_____) _____ - _____ Tel. Home (_____) _____ - _____
 E-mail: _____

Cambrian Student: Yes No

Course Fee and Payment Schedule:

Full payment is due upon registration. If the course is cancelled due to lack of enrollment a full refund will be issued. Credit card registration can be done over the phone by calling the number below.

Students: \$385.00 (Plus HST=\$446.35) Regular Price: \$465.00 (plus hst) includes CPR

Promotional Code 1043: \$400.00 (plus hST=\$452.00) Until Jan 31, 2012

Balance owing: \$_____ Payment: MC, Visa, Cheque, Cash Verf #

How did hear about this course? Internet Word of mouth, Class announcement

Please indicate any previous first aid training and experience. First aid course & approx. date:

CPR course _____ level _____

Please indicate area of interest and experience in outdoor pursuits:

What specific areas would you like to have covered in this course?

