



**CANADIAN  
RED CROSS** **CROIX-ROUGE  
CANADIENNE**  
TRAINING PARTNER    PARTENAIRE  
DE FORMATION

Rick Wise  
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June 3, 2017

Thank you for enrolling in a *RED CROSS Advanced WILDERNESS* first aid course offered by Horizons Adventures. The 4 day course will be intensive and will cover a wide range of topics. The course will be run over four consecutive days and begin on Friday morning and finish Monday afternoon. CPR option has been included in the course. There is a multiple choice test at the end of the course.

The course begins at 8:30 am on Friday June 23<sup>rd</sup> in Whitefish at the Lions Club off of Regional Rd #55 next to the Fire Hall. Please be prompt and arrive on time as the days will be long and full. There will be breaks for refreshments. Bring your lunch and beverages as we will break for approximately 1 hr. at mid-day on each day. Be prepared to stay until about 5:00 pm on both days.

You can expect to spend several hours outside each day, so bring appropriate outside clothing, including rain wear, bug shirt, sun protection and solid foot wear for bush walking. Course content includes practise scenarios that require participants to role play as first aid patients and rescuers. Make up including simulated blood and other wounds can stain clothing and gear. Make every attempt to bring clothing that can withstand rough treatment. Other equipment that will be useful include the following.

- Paper and writing utensils (Pen and Pencil; Pencils are best)
- Clip board
- Sleeping pad or foam (used for Simulation)
- Sleeping bag or blanket (used for simulation)
- Tarp **and** groundsheet (used for simulation)
- Back pack to store all above materials

Please read and fill out the waiver form attached to this letter.

*Thank you again for your registration and paperwork.*

I look forward to meeting you.

Yours truly,

Rick Wise  
Instructor  
Horizons Adventures